

PRESS RELEASE

Government Polytechnic, Madhubani / गवर्नमेंट पॉलिटेक्निक, मधुबनी

Date : 12 August 2025

Government Polytechnic Madhubani Organizes Inspiring Program on Mental Health Awareness & Drug Abuse Prevention

Madhubani: Government Polytechnic, Madhubani, under the leadership of Principal Shri Shambhoo Kant Jha, successfully organized an impactful Mental Health Awareness & Drug Abuse Prevention Program. The initiative was coordinated by Nodal Officer Kumari Shambhavi, whose dedication and vision ensured the event's success.

The Chief Guest, Dr. Shravan Kumar, Specialist Medical Officer, Sadar Hospital, Madhubani, delivered an exceptionally informative session, highlighting the grave dangers of drug abuse and the crucial need for mental well-being. His talk was enriched with medical insights and real-life experiences, making a deep impression on students.

Speaking on the occasion, Program Coordinator Kumari Shambhavi said:

"Mental health is not a luxury—it is a necessity for a balanced and productive life. Awareness is the first step towards change, and by educating young minds today, we are shaping a healthier tomorrow."

Faculty members who shared their valuable inputs included:

"Prof. Tashgheer Ehshan, Prof. Ashish Kumar Jha, Prof. Sanjana Ranjan Sah, Prof. Divya Shanu, Prof. Ankita Kumari Sinduriya, Prof. Gaurav Kumar Sinha, Prof. Prabhakar Kumar Jha, Prof. Suman Kumar, Prof. Bharat Bhusan Gupta"

Their contributions motivated students to stay away from harmful substances and prioritize mental health.

Principal Shri Shambhoo Kant Jha praised the enthusiasm of students and faculty and expressed gratitude to the Chief Guest for his enlightening address. He reaffirmed the institution's commitment to both academic excellence and the holistic development of its students.

The program concluded with a collective pledge to promote awareness, support one another, and work towards a drug-free and mentally healthy society.

"It's okay to not be okay, but it's not okay to stay that way—seek help."

GLIMPSES OF GP MADHUBANI



"BREAK THE STIGMA—TALK ABOUT MENTAL HEALTH."



**"YOUR FEELINGS ARE VALID, YOUR STRUGGLES ARE
REAL, AND YOUR RECOVERY IS POSSIBLE."**







GOVERNMENT POLYTECHNIC MADHUBANI

DEPARTMENT OF SCIENCE, TECHNOLOGY AND TECHNICAL EDUCATION OF BIHAR



MENTAL

AWARENESS

&

DRUG

ABUSE





SCAN FOR MORE INFO

Kumari Shambhavi

Nodal Officer (Yoga and Mental Awareness)

G.p Madhubani

Chief Guest

Dr Shravan Kumar

Tha

Principal

Shri Shambhoo Kumar

Tha

"A HEALTHY MIND IS THE FOUNDATION OF A HAPPY LIFE."





GOVT.POLYTECHNIC MADHUBANI
(Department of Science, Technology
and Technical Education)

Date: 12 August 2025



"Nayi Umeed : A Better Tomorrow"



"Break the chain,End the pain"

NASA

MUKTI

&



"say no to smoke"



**Don't let your life or your
dreams go up in smoke**

MENTAL

HEALTH

AWARENESS

PROGRAM



"Drink delicious, live vibrant"



**DR. SHRAVAN KUMAR
CHIEF GUEST**



**SHAMBHOO KANT JHA
PRINCIPAL
G.P.MADHUBANI**

**KUMARI SHAMBHAVI
NODAL OFFICER
yoga& mental awareness**

SELF-CARE IS NOT SELFISH, IT'S SURVIVAL."